Student Success with the Flex@Pitt Model

Top 10 Strategies for Academic Engagement

1. Set realistic expectations for yourself by caring for your health and well-being.
2. Adopt a growth mindset.
3. Make a time management plan and schedule.
4. Find your own place to study.
5. Take responsibility for your learning.
6. Actively participate in all of your classes.
7. For your synchronous (real-time) virtual classes, log in early, mute your audio and keep your camera on, if possible.
8. For your asynchronous (recorded) virtual classes, practice good writing habits for online discussion and assignments.
9. Reach out to your faculty, advisors, mentors and staff at Pitt.
10. Be kind and accepting of others.

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